



Preacher : Paul McMahon
Title : Champion – Set Yourself Free
Date : 15th April 2018
Key Scripture : Hebrews 12:1-3

Notes

Here we begin with a very powerful insightful piece of Scripture.

'As for us, we have all of these great witnesses who encircle us like clouds. So we must let go of every wound that has pierced us and the sin we so easily fall into. Then we will be able to run life's marathon race with passion and determination, for the path has already been marked out before us.

We look away from the natural realm and we fasten our gaze onto Jesus who birthed faith within us and who leads us forward into faith's perfection. His example is this: Because his heart was focused on the joy of knowing that you would be His, He endured the agony of the cross and conquered its humiliation, and now sits exalted at the right hand of the throne of God!

Hebrews 12: 1-3 The Passion Translation.

3 Major keys are here for us if we are going to be true champions of faith.

- 1) Get yourself freed up.
- 2) Keep going and don't quit.
- 3) Take note at what you are looking at.

The first message in the series was all about setting yourself free, now we are called to 'lay aside' that is, we are to renounce, lay off, cast off, let go of, put away, strip off anything and everything that is not needed nor helpful in running the race God has marked out for us.

We have to strip off everything that weighs us down and seek to remove and get healed of every wounded area of our lives.

Personal Response

4 keys to get your wounds dealt with:-

- 1) **Root** it out – with Holy Spirit's help.
- 2) **Release** forgiveness to those who have hurt you.
- 3) **Replace** where the wound was with truth – thinking.
- 4) **Respond** with faith now. Do what you couldn't do before.

Get free – stay free and enjoy your freedom.

I will MEDITATE on:

I will ACT on: